

PSHE



From Foundation Stage to Year 6 we have learnt:

- ★ To be tolerant and accept the differences of everyone around them
- ★ To have a range of vocabulary to articulate their emotions and feel safe to do so.
- ★ To have a secure knowledge and understanding of the bodily and emotional changes that will occur and be able to use the scientific vocabulary to describe this.
- ★ To identify healthy and unhealthy relationships and understand their role within it including consent, boundaries and bullying
- ★ To identify and understand how to keep their bodies and minds healthy with understanding about drugs, alcohol and mental health
- ★ To know how to keep ourselves safe and confident to access support if and when needed
- ★ To identify our own and others' self worth.
- ★ To make positive contributions within society.
- ★ To participate confidently in discussions and debates and know how to disagree respectfully.